



Reference Guide to AdvoCare Science

www.AdvoCare.com/Science

What information can be found at www.AdvoCare.com/Science?

- Quality & Safety
- Ingredient Search Engine
- Nutrient Glossary
- Scientific & Medical Advisory Board
- Informed-Choice Certification
- FAQs



INGREDIENT SEARCH ENGINE

To find AdvoCare products containing a certain ingredient, enter the ingredient you wish to find into the search engine on the left navigation menu.

Search Ingredients ▶

NUTRIENT GLOSSARY

The nutrient glossary contains a reference of various nutrient descriptions and their benefits.

PRINTING INGREDIENTS & LABELS

How to print Product Ingredient Lists and Product Labels:

1. Click PRODUCTS on the top navigation bar.
2. From the left navigation menu, select a product line from Trim, Active, Well, Performance Elite or Skincare.
3. Then click on a product name.
4. Once on the product page, click the printer icon at the top of page.
5. The resulting **Product Page PDF** can be printed or saved using your browser menu.

INFORMED-CHOICE TESTING



You can find general information about the INFORMED-CHOICE program and a listing of AdvoCare products certified by INFORMED-CHOICE to be banned-substance free.

FREQUENTLY ASKED QUESTIONS

1. Do any AdvoCare products interfere with medications?
2. At what age may I take AdvoCare products?
3. Can I take AdvoCare products if I'm pregnant?
4. Are AdvoCare products appropriate for individuals who are gluten intolerant?
5. Does AdvoCare test its skincare products on animals?
6. Do AdvoCare products contain animal by-products?

Find more FAQs at www.advocare.com/science

We suggest consulting a physician before starting an AdvoCare product regimen, especially if you:

- are taking medications
- are pregnant or nursing
- have a medical condition

WHY USE SUPPLEMENTS

Can supplements diagnose, treat, cure or prevent disease?

Supplements are intended to fill the nutritional gaps to enhance optimal health.

Only a person's licensed physician can diagnose and give advice for treating, curing, or preventing disease or a medical condition. Unlike drugs, supplements are not intended for this use.

HEALTH CLAIMS: DOs & DON'Ts

DO NOT SAY:

Cran500™ cured my bladder infection.

AdvoCare Spark® treats ADD/ADHD.

DO SAY:

*Cran500™ supports bladder and urinary tract health.**

*AdvoCare Spark® enhances mental energy and focus.**



ALWAYS stick to the product claims found on the product labels and on AdvoCare.com.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.